



The Friendly News

Calvary Baptist Church



July and August 2017



The Pastor's Corner

“And I know I am with you always; yes, to the end of time.”
– Jesus Christ

A Time for Everything

As the summer days unfold, I began to reflect on the days and months past. I realized that we are half way through the year. Many things have happened both joys and sorrows, and we look forward to the future ahead with hope, knowing that each new day is blessed by God. As I pondered, I thought about the wisdom of the book of Ecclesiastes. I began to read chapter three. My mind traveled back to the remotest past and then, onto the unknown future; to the safe and quiet space of a mother's womb and then, onto a noisy world with blinding light and deep darkness. The existential life rolled before my eyes like on a screen as I meditated, and the seasons of the year appeared in colors, fluid, and sound. We seem to know and experience a lot and yet, God's wisdom can never be fathomed; God's wisdom is incomprehensible. I am in awe of God's work. Most of you are already familiar with this passage but I would like you to revisit this wisdom and experience an amazing journey into God's doing. Here is Eccl. 3:1-8 (NIV).

There is a time for everything, and a season for every activity under the heavens:

a time to be born and a time to die,
a time to plant and a time to uproot,
a time to kill and a time to heal,
a time to tear down and a time to build,



a time to weep and a time to laugh,
a time to mourn and a time to dance,
a time to scatter stones and a time to gather them,
a time to embrace and a time to refrain from embracing,
a time to search and a time to give up,
a time to keep and a time to throw away,
a time to tear and a time to mend,
a time to be silent and a time to speak,
a time to love and a time to hate,
a time for war and a time for peace.

Summertime is here, and I hope and pray that you will find time to rest and relax from your labor, get together with loved ones, have fun and make memories. “God has made everything beautiful in its time.” As you reflect on your happiness, think about continuing to do good, which is God’s vision of living.

May God’s peace fill your heart,

Atula





Baptism Classes

I will be holding several Baptism classes in the Fall. As your children advance in their intellectual capabilities, they grow in faith as well. It is important to have a clear understanding of their belief in Jesus Christ as they take up different responsibilities and get involved in various activities. Please take some time to think about your child's life at present, talk to them and pray with them about this and let me know if this is the right time for them to take the classes.

Looking forward to this discovery adventure with your children. Please don't hesitate to ask any questions you may have.

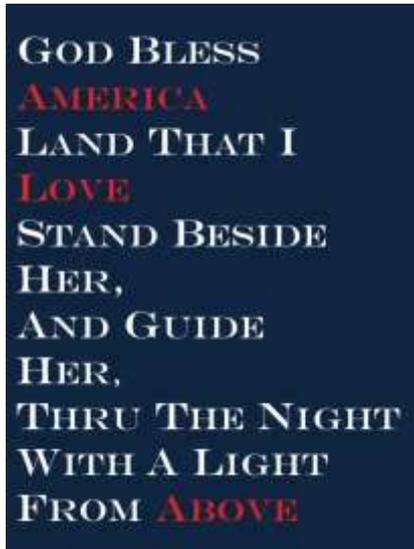
Blessings,

Atula





Independence Day



Independence Day Celebration in Lowell

Edward A. LeLacheur Park, 450 Aiken Street, Lowell
Park opens at 6pm, Fireworks at 9pm. Admission is free.

Free American flags to the first 1500 to attend! Free parking at the Ayotte Garage by the Tsongas Center from 5pm to midnight. Activities and entertainment will include: Live band, Run the Bases, Meet the Spinners mascot family. Swampland Kids area - includes giant slide, Bounce House, Obstacle Course, Speed Pitch, the Game hut and more. Rain date is Wednesday, July 5.



Church Supper Spaghetti



Church Supper Spaghetti Recipe

Taste of Home

Makes about 12 servings.

Directions

1. In a large skillet, cook beef , onion and green pepper over medium heat until meat is no longer pink. Add tomatoes, water and chili powder. Cover and simmer for 30 minutes. Add the corn, peas, mushrooms, salt and pepper. Stir in spaghetti.
2. Layer half of the mixture in a greased 4-qt baking dish. Sprinkle with 1 cup cheese. Repeat layers.
3. Bake, uncovered, at 350 degrees for 20 minutes or until heated through.
4. Serve and share!

Ingredients

- 1 pound ground beef
- 1 large onion, chopped
- 1 medium green pepper, chopped
- 1 can (14-1/2 ounces) diced tomatoes, undrained
- 1 cup water
- 2 tablespoons chili powder
- 1 package (10 ounces) frozen corn, thawed
- 1 package (10 ounces) frozen peas, thawed
- 1 can (4 ounces) mushroom stems and pieces, drained
- Salt and pepper to taste
- 12 ounces spaghetti, cooked and drained
- 2 cups shredded cheddar cheese, divided



Legend of the Sand Dollar

One of the most popular summer destinations in New England (and elsewhere) is the ocean side. My favorite past time last summer was going to the beach and walking along the waters edge, searching for shells. If you find yourself at the beach this summer, keep an eye out for one of the ocean's greatest treasures: the sand dollar. This beautiful shell can be a reminder of the great love our Lord has for us.



Legend of the Sand Dollar

There's a pretty little legend
That I would like to tell
Of the birth and death of Jesus
Found in this lowly shell
If you examine closely,
You'll see that you find here
Four nail holes and a fifth one
Made by a Roman's Spear.
On one side the Easter Lily,
Its center is the star
That appeared unto the wisemen
And led them from afar.
The Christmas poinsettia
Etched on the other side
Reminds us of His birthday
Our Happy Christmastide.
Now break the center open
And here you will release
The five white doves awaiting
To spread Good Will and Peace.
This simple little symbol,
Christ left for you and me
To help us spread his Gospel
Through all eternity.—Anonymous



Food That's IN when School is OUT

FREE Meals for Kids & Teens age 18 and under!

Lowell Public Schools is taking part in the Summer Food Service Program. Meals will be provided to all children free of charge. This institution is an equal opportunity provider. All programs run Monday-Friday. No programs July 3rd or July 4th.

*Indicates rain date location

Murkland School (front parking lot)

350 Adams Street

June 28 - August 18

Lunch—11:15am -11:30am

Gage Park (*Robinson School)

570 Beacon Street

July 10 - August 18

Breakfast—8:30am-9:00am

Lunch—11:30am -12:00pm

Lowell High School

50 Fr. Morrisette Blvd.

June 28 - August 18

Breakfast—7:30am-8:30am

Lunch—11:00am -12:00pm

Leblanc Park (*Wang School)

365 West Meadow Road

July 10 - August 18

Breakfast—8:30am-9:00am

Lunch—11:30am -12:00pm

(continued on next page)



Girls Inc
220 Worthen Street
June 28 - August 18
Lunch—12:00pm - 1:00pm

Stem Academy (side parking lot)
43 Highland Street
June 28 - August 18
Lunch—11:40am - 11:55am

Maguire Park
108 Mammoth Road
June 28 - August 18
Lunch—12:45pm - 1:00pm

Shedd Park (*Sullivan)
453 Rogers Street
July 10 - August 18
Breakfast—8:30am - 9:00am
Lunch—12:00pm - 12:30pm

Highland Park (*Daley School)
150 Fleming Street
July 10 - August 18
Breakfast—8:30am - 9:00am
Lunch—12:00pm - 12:30pm





Tricks to Keep Cool with no AC

According to U.S. Climate Data, Massachusetts receives an average of 273 hours of sunshine in June, and the number continues to climb into July. It can feel almost impossible to stay cool in the hot summer temperatures, especially if you are not equipped with well-working air conditioning. Here are some tips and tricks to keep cool!

- **Choose cotton.** Light-colored bed linens made of light-weight cotton are not restricting and great at promoting air-flow.
- **Freeze them!** Stick sheets in the fridge or freezer for a couple of minutes before bed. (Placing them in a plastic bag first will keep them from smelling like any food you might have around.)
- **Change direction.** Point box fans out the windows so they push the hot air out of the room. Adjust ceiling fans so the blades run counter-clockwise, pulling hot air up and out.
- **Make a DIY Air-Conditioner!** Place a shallow pan or bowl full of ice in front of a fan. The breeze from the fan will pick up cold water from the ice's surface as it melts, creating a mist.
- **Check your pulse.** To cool down quickly, apply ice packs or cold compresses to pulse points at your wrists, neck, elbows, ankles, and behind the knees.
- **Turn off the lights.** Light bulbs give off heat. In the summer time, it stays light out for longer. Take advantage of the natural light that comes in.
- **Hang out.** Cool down a whole room by hanging a wet sheet in front of an open window. Any breeze blowing in will cool down the room quickly.

Don't forget to hydrate yourself!

Happenings



Sunday Worship **10:00am**

Upcoming Car Wash Program dates: August 20, Sept. 12, 2017. Time: 12:00pm – 3:00pm.
Place: Calvary Baptist Church, Parking lot.

Tickets are \$10 and all proceeds go to our roof fund.

September 9, 2017 is our Church Fall Cleanup. All are welcome to attend and help in keeping our place of worship beautiful.

September 10, 2017 is Rally Day! It is a day set aside to reassemble or “rally” with our Sunday school after the relatively quiet time of summer.

More information can be found on all of the exciting Happenings upcoming at Calvary in the following page.

*Our
church family
is a circle of strength
and love. With every new
connection, the circle grows.
Every joy shared adds love.
Every crisis faced together
makes the circle
stronger.*

Member Update

“I would like to thank everyone for their many cards and many prayers during my recent illness.”

Faye Roberts

Car Wash Program



Our Car Wash program is one of the ongoing fundraisers at Calvary Baptist Church, the proceeds of which will go to our urgently needed roof repair. With much hope and prayer, Calvary along with our partner churches, namely Voice of Peace, New Life Christian Cambodian Church and Lowell International Church decided to have a five-Sunday car wash project. Our first wash was launched on April 23rd fetching \$130. It is our hope that through this faith venture project, we will continue to harvest some more dollars. We are looking forward to the next car wash on August 20. Please share this project with your family members, friends, colleagues and neighbors.

Upcoming Dates:

August 20, Sept. 12, 2017

Time: 12:00pm – 3:00pm

Place: Calvary Baptist Church, Parking lot. 60 Hastings Street, Lowell, MA.

Ticket Price



For any questions please contact:

Sam An, Narin Sao, Lah Win, Astrid or Mangyang Imsong

Or call the church office: 978-459-9598

Blessings,

Mangyang Imsong





The Five Finger Prayer

First, your thumb is nearest you. Begin your prayers by praying for those closest to you.

Second, the next finger, is the pointing finger. Pray for those who teach, instruct, and offer comfort. This can include teachers, doctors, and ministers. They need support and wisdom in pointing others in the right direction.

Third comes the tallest finger. It reminds us of our leaders. Pray for the president, leaders in business and industry, and administrators. These people shape our nation and guide the public in many different ways. They need God's guidance.

Fourth comes our ring finger. We could pray for marriages and families. We could also pray for those who are weak, because our ring finger is the weakest of the five. You cannot pray too much for those who are weak, in trouble or in pain.

Fifth comes our little finger. It is the smallest of the five. It should remind us of our place in relation to God and others. God's word teaches us that, "the least shall be the greatest among you" (Matthew 23:11). Your pinkie should remind you to pray for yourself. By the time you have prayed for the other four groups, your own needs will be put into proper perspective and you will be able to pray for yourself more effectively.

Are you praying?

*Lance Morrisett,
Hooker church of Christ,
Hooker, OK*



In The Community

Fall 2017 Intensive English Institute—For students who are ready to apply to colleges and universities in the United States who speak English as a second language. 18 hours/Week for two semesters. \$250/semester. Free textbooks. Middlesex Community College, 33 Kearney Square, Lowell MA 01852.

Lowell Farmer's Market—July 7, 2017 5:00pm. July 14, 2017 12:00pm-5:00pm. July 21, 2017 12:00pm-5:00pm. Visit **Lowell.com** for more available dates. Offering fresh, locally grown produce from area farmers, as well as meats, fish, honey, baked goods and more. Free entrance. Lucy Larcom Park, 258 Merrimack St. Lowell MA 01852.

Lowell Folk Festival—July 28, 2017 - July 30, 2017. Free entrance. Located in Downtown Lowell. The festival features five stages of traditional music, authentic craft demonstrations, ethnic foods, art, children's activities, and much more!

Lowell Summer Music Series—June 10, 2017—September 1, 2017. 7:30pm. Boarding House Park, 40 French Street, Lowell, MA. Live artists including Randy Newman, Melissa Etheridge, The O'Connor Band, Graham Nash, and many more! A list of artists, dates, and ticket prices can be found at **lowellsummermusic.org**.



July Birthdays

July 1—Marilyn Santamour, Lucy Ann Simonian, Evan Mone

July 5—Traporn Chan

July 12—Evan Long

July 13—Renia Bacon Noel

July 15—Krystyne Cruz

July 26—Elisa Ouellette

July 29—Fred Georgoulis



August Birthdays

August 2—David Burns August 28—Joseph Scola Jr.

August 4—Amanda Mignone August 29—Douglas Phinney

August 6—Henry Breault August 31—Brenda Mignone

August 11—Marissa Mignone

August 12—Mark Ouellette

August 13—Arthur Roberts

August 18—Craig Long

August 19—Elaine Franks

August 22—Glenda Breault

August 24—Danech Sao

August 25—Janice A Anaskevich

August 26—Sheryl Mone

August 27—Christian Ryan Chan

Please contact the church office if we have missed anyone.

Calvary Baptist Church

60 Hastings St, Lowell, MA 01851



A CARING CHURCH,
REACHING PEOPLE,
CHANGING LIVES

Telephone: 978-459-9598

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Inside This Issue

<i>The Pastor's Corner</i>	2-3	<i>Keep Cool</i>	10
<i>Baptism Classes</i>	4	<i>Happenings</i>	11
<i>Independence Day</i>	5	<i>Car Wash Program</i>	12
<i>Church Supper Spaghetti</i>	6	<i>Five Finger Prayer</i>	13
<i>Legend of the Sand Dollar</i>	7	<i>In the Community</i>	14
<i>School is Out—Food</i>	8-9	<i>Birthdays</i>	15

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